

SERVING JACKSON, JONES, DUBUQUE AND DELAWARE COUNTIES IN IOWA & JO DAVIESS, CARROLL, AND STEPHENSON COUNTIES IN ILLINOIS

FirstCall

Gain independence for your loved ones with FirstCall® - available to members and nonmembers within our FirstCall territory.

This service provides loved ones with around-the-clock medical monitoring technology at the touch of a button. Instantly, your loved one can be in contact with emergency services (if necessary) or a trusted caregiver to help them.

FirstCall links the provided telephone to an emergency pendant that can be pushed to connect to a trained dispatcher. The emergency response transmitter can be worn at all times, indoors or out.

Professional, trained central station operators are available 24 hours a day. If emergency medical help is needed, the appropriate authorities will be contacted immediately. If the situation is not an emergency, a predetermined family member, neighbor or friend can be called to assist.

FirstCall service is available for \$26 per month, with a one-time connection fee of \$10.

FirstCall medical monitoring service is a simple, cost-effective solution that allows a loved one the satisfaction of independent living with the peace-of-mind that comes in knowing there is always someone to help.

Call Jo-Carroll Energy at 800-858-5522 to schedule an installation today.

Lifeline - Reduce worry while you stay at home

Whether it's you or someone you love who needs help to stay at home, Lifeline Personal Response System can give you a genuine sense of security by linking you to 24-hour assistance at the push of a button. Lifeline is ideal if you live alone, if you are elderly and uncertain about your well being, if you are handicapped or a postoperative patient who wants to maintain a link to medical assistance.

Lifeline is very easy to operate:

- You'll be given a necklace or bracelet to wear containing a small button.
- Should you feel the need for help, a simple press on the center of the button connects you with Lifeline monitoring.
- Or you can press the red button on the communicator to get assistance.
- Your Personal Help Button is waterproof and should be worn at all times, even in the tub or shower.

Our installer will connect the Lifeline unit to an electrical outlet, and a telephone line is run to the phone jack in your home. Complete installation and test calls usually take no more than a half hour.

Learn more or become a subscriber by calling 563-589-8791 or emailing wiskusl@mercyhealth.com.



Dubuque office	Galena office
563-588-2424	815-777-2424
4029 Pennsylvania Avenue	11420 Dandar Street
Suite 4	Suite 200
Dubuque, IA 52001	Galena, IL 61036

Dementia Care

In the comfort of your home!

24-Hour Care offers Memory Care Service for those suffering from Dementia and related diseases.

24-Hour Care offers compassionate, professional support for your loved one suffering from memory loss. We understand how hard it is for both those who take care of and those suffering from dementia and all related diseases.

We also provide a smooth transition if your loved one is moved to a Memory Care Facility. We are dedicated to providing quality Dementia Care at the comfort of your loved ones' home.



- DEMENTIA RELATED BEHAVIORS
- END-OF-LIFE DEMENTIA CARE
- DEMENTIA ADVANCED CARE
- ACTIVITIES FOR DAILY LIVING
- DEMENTIA CARE FOR FAMILIES
- CASE MANAGEMENT

Firework shows:

East Dubuque Fireworks
Saturday, June 29, 4 PM
@ Dunleith Park (East DBQ, IL)

Dubuque Jaycees / Radio Dubuque
Fireworks on the River
Wednesday, July 3, 7 PM
@ A.Y. McDonald Park

Galena Independence Day Parade and
Fireworks
Thursday, July 4 @ 6 PM
Downtown Galena, IL

Bellevue Heritage Days
July 3-4, Parade at 10 AM
@ Downtown Bellevue, IA

Employee spotlight!

Shanya enjoys bonfires, tubing, working out, country music, running, and playing with her Boxer, Samson. Shanya has always been a fighter from the day she was born! She is currently a Junior at Coe College, advancing to University of Tennessee in a couple years, with a goal of becoming a Tennessee Titans Athletic Trainer. Her heart and soul goes into everything she does and we are so happy to have her on our team!



Shanya

Ice Cream Flavors

Y	M	T	R	L	C	H	O	C	O	L	A	T	E
A	S	K	C	A	R	T	E	S	O	O	M	E	T
P	Y	V	A	N	I	L	L	A	S	N	O	T	E
M	K	D	E	T	D	E	A	C	F	A	N	A	A
C	A	T	N	L	I	N	N	A	O	C	O	O	E
O	K	P	O	A	A	G	O	D	K	E	A	E	T
E	C	U	L	N	C	A	E	F	O	P	L	R	N
D	O	T	A	E	E	N	O	R	Y	W	E	E	E
O	C	B	O	A	W	Y	O	T	T	E	O	I	E
C	O	I	E	A	A	A	R	T	S	A	O	A	R
R	N	T	T	C	R	A	L	E	T	N	I	A	G
E	E	G	D	U	F	O	S	N	I	O	V	L	T
D	A	O	R	Y	K	C	O	R	U	A	C	G	T
A	E	E	T	U	N	O	C	O	C	T	P	E	S

COTTON CANDY
MAPLE WALNUT
PECAN
BANANA
TIGER TAIL
MOOSE TRACKS
COCONUT
ROCKY ROAD
GREEN TEA
FUDGE
REESES
CHOCOLATE
VANILLA

HELPFUL TIPS

SUMMER SAFETY TIPS

-  Stay hydrated.
-  Don't stay out for too long.
-  Check the forecast beforehand.
-  Keep sunscreen nearby and use it.
-  Check your prescriptions' side effects.
-  Turn on the A/C.
-  Beware of heat-related illnesses.

REMINDER:

24-Hour Care's after hours answering service is for immediate scheduling uses and emergencies only, please.

Please have a back-up plan in case staff are unable to make it to an appointment. We will contact you as soon as possible to let you know if staff will be late or are unable to make their visit.

"It is our mission to provide our clients the best individualized care; focusing on physical, emotional, and social needs. We will assist in improving the quality of our client's daily lives as we understand people feel the most comfortable being cared for in their homes." William P. McArdle, Founder