

March 2023

Dubuque 563-588-2424

Galena 815-777-2424



Bird Seed Ornaments

Ingredients:

- 2¾ cups wild finch blend
- 1 cup water divided
- 2 packets unflavored gelatin
- 2 tablespoons light corn syrup
- 9 cookie cutters any shape
- 3 (7-inch) paper cookie sticks cut into 2¼-inch pieces or 3 plastic drink straws, cut into 2¼-inch pieces
- 9 (14-inch) long cut pieces of jute, twine, hemp, or yarn for hanging the ornaments.

Instructions:

Line a baking sheet with either wax paper or parchment paper. Lay out the cookie cutters, spacing them at least 2 inches apart. Set it aside.



In a large heat-safe mixing bowl, add ½ cup cool water.

In a small heat-safe bowl, add the other ½ cup water and microwave for 1 minute. Carefully remove the hot water and set it aside.

Sprinkle the gelatin over the cool water and stir to dissolve it. While you are still stirring, carefully pour the hot water over the gelatin mixture. Stir to continue dissolving the gelatin.

Continue stirring, and add in the light corn syrup and stir to combine completely.

Immediately pour in the birdseed and stir with a large wooden spoon. Set the bowl in the refrigerator for 8-9 minutes to allow the gelatin mixture to be slightly absorbed by the seed.

Spoon the seed mixture into the cookie cutters until they are full. Once you have your cookie cutters filled, use a small piece of wax paper or parchment paper to gently



1 pack the seed mixture into the mold.

2 Press the cut cookie sticks or cut drink straws about ½ to 1 inch from the top. Be sure to gently press down around the straw with the wax/parchment paper as well.

3 Place the cookie sheet in the refrigerator for at least 8 hours to dry. Overnight is best.

4 Once the ornament is dried, carefully pull/push around the edges of the

5 cookie cutter. Gently remove the stick/straw and thread the ornament with the pre-cut string. Tie a small knot in the string. Hang the ornaments outside. Refrigerate any ornaments not immediately used outside.

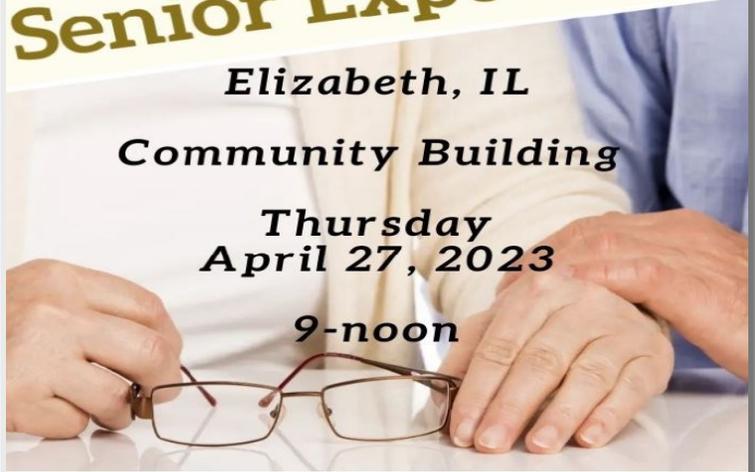
Save THE DATE! Senior Expo 2023

Elizabeth, IL

Community Building

Thursday April 27, 2023

9-noon



Clients: We kindly ask that you have a back up plan in case our staff is unable to make their scheduled visit. Thank you for understanding.

Visit KDTH's event calendar for more information on events going on in the Dubuque and Jo Daviess county areas.



Paulette Brooks our March Employee Spotlight! Paulette has demonstrated excellent reliability, she is conscientious, and is really enjoying her job on our care team. Thank you Paulette for all you do!



St. Patrick's Day Word Search

O	E	E	A	R	P	P	S	M	L	C
G	A	E	E	L	A	H	A	E	N	D
R	E	A	U	T	A	G	P	K	T	N
E	P	C	R	M	I	R	O	R	D	A
E	K	I	R	C	E	I	A	A	L	L
N	C	O	H	C	R	A	M	I	A	E
K	C	T	H	R	I	I	I	N	R	R
K	O	A	A	R	H	O	R	B	E	I
P	U	H	S	I	W	I	I	O	M	T
N	C	L	O	V	E	R	S	W	E	N
V	O	D	L	O	G	H	H	T	K	N

Are you a Veteran? Are you in need some care a couple days a week? Our VA/Private Duty nurses are incredible and ready to help you during your time of need. If you aren't a Veteran but need some help? Licensed nurses are able to explain post-treatment home care needs such as diet, nutrition, and exercise programs, provide complete assessments to ensure maintenance of health and to help prevent illness.

24- Hour Care nurses also assist with medication set up and education on medications, provide catheter care, wound care, diabetic education including trimming of nails, and post stroke care.

Administer home IV therapy, injections as needed, assist in tube feeding, and act as a liaison between the client and their providers.

- Private-pay care
- Long-term needs
- Continued care with the same professional team
- Light housekeeping services

GOLD	GREEN	SHAMROCK	MARCH	RAINBOW
LEPRECHAUN	POT	LUCK	EMERALD	IRELAND
PATRICK	CLOVER	IRISH	WISH	MAGIC

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